



Changing Spaces

4830 Wilshire Blvd.
Suite #106
Lincoln, NE 68504



Changing Spaces Chatter

The latest information, news, and rightsizing tips from Lincoln's premiere senior move management company!

Upcoming Estate Sales:

July 29-30
235 Taylor Park Drive

August 5-6
8231 Henry Street

August 12-13
6540 Flint Ridge Place

Time (All Sales):

Friday, 8:30 am – 5:30 pm
Saturday, 8:30 am – 3:30 pm

Pricing (All Sales):

All items full-price Friday
25% OFF
Saturday, 8:30 am – Noon
50% OFF
Saturday, Noon – 3:30 pm

*For more information on sales
(and photos of sale items):*

Visit our Website:
ChangingSpacesSRS.com

Check out our Facebook Page:
Changing Spaces SRS

To receive email notifications of
all our sales, email us:
info@ChangingSpacesSRS.com



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You might need to rightsize if . . .

Rightsizing is finding that place between too much and too little. It's not about getting rid of the things you own and love, it's about letting go of the "stuff" that doesn't matter to make room for the items that really do matter! When you clear out what's not important, you have more space to display, use, and enjoy what is important. Do you need to rightsize? If any of the following hits a little too close to home, then the answer is yes!

- ✔ There are several unidentified boxes sitting in your basement, garage, or attic.
- ✔ You have clothing hanging in your closet that you haven't worn since before Ronald Reagan was president.
- ✔ You are still holding on to gifts your friends or family members gave you . . . because you'd feel too guilty to get rid of them.
- ✔ When asked where your birth certificate, passport, or marriage license are—you would have no idea.
- ✔ There are boxes that are neatly packed, sealed and stacked in a pile . . . from the last time you moved (which was several years ago). And you have no idea what's in them.
- ✔ You have boxes and boxes of your children's items (toys, yearbooks, keepsakes, stuffed animals), only your children aren't children anymore . . . in fact, they're grown up and have a home and family of their own.
- ✔ You've owned books for more than 5 years but never read them, have craft projects that have been "in process" (or never even started) for more than 5 years, or own clothing that hasn't fit you for 5 years.
- ✔ There are bottles of lotions and potions in your bathroom that were purchased before the turn of the century (2000).
- ✔ You have a collection of every greeting card anyone has ever given you for the past 10 (or more) years.
- ✔ Your garage is being used for storing lots of things . . . except for your car.
- ✔ Unloading the dishwasher is stressful, because your kitchen cupboards are crammed full.

If you need help rightsizing, call Changing Spaces SRS! We offer 4-hour sorting sessions to help get you going—even if you're not planning a move in the near future. Sometimes you just need a shoulder to lean on as you sort through what you no longer need or want.



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Check out our web video series!

Live Your Best Life Now: Rightsizing With Ease

You can now get even more rightsizing tips from Changing Spaces SRS via our new web series! The series is entitled "Live Your Best Life Now: Rightsizing With Ease," and it features ten videos (listed below). Each video is 3-4 minutes long, and they contain practical tips for the rightsizing journey.

Go to lincolnbiztvshows.com, and you'll see videos on how to tackle old photos, the most dangerous clutter zones in each home, how to rightsize proactively, and many more topics. We add two new videos each month, and post them on our website and Facebook page, so you can check back regularly!

You can also send these videos to any family or friends across the country who might need a little "nudge" along their own rightsizing journey.



lincolnbiztvshows.com

Episodes Include:

- ▶ *Do You Need to Rightsize?*
- ▶ *How to tackle that mountain of old photos*
- ▶ *Rightsize Now! Why Waiting is a Big Mistake*
- ▶ *Keep the Memories, Not the Stuff!*
- ▶ *Own Half as Much, Be Twice as Happy*
- ▶ *Tips to make your Moving Day EASY!*
- ▶ *Stop Storing and Start Living in Your Home*
- ▶ *Attack the Most Dangerous Clutter Zones*
- ▶ *Rightsize Proactively*
- ▶ *How to Navigate a Move Later in Life, with Ease*



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Our Services Include:

Assess your new residence, measure your furniture, and create a customized floorplan for your new home.

Assist with the downsizing process of all your household's contents, room by room.

Provide moving boxes and packing supplies, and carefully and efficiently pack all items for the move.

Arrange moving dates and times with a moving company.

Supervise and direct movers on your moving day.

Empty refrigerator and freezer items, transporting perishables to new home.

Unpack and organize essentials in your new residence (make the beds, plug in lamps and phones, unpack bathroom and kitchen items) on move day so you can be comfortable in your new home the first night.

Put everything – furniture, knick knacks, clothing, dishes – in its place in your new home.

Make the beds, hang pictures, connect phone, TV, computer, clocks, etc.

Dispose of packing material and boxes.


Empty old residence of all items not moved, either by hosting an estate sale, online consignment sale, or arranging for charity pick-up of items.

What's lurking in your garage & under your sink?

We frequently help clients empty out their houses after a move, and it is a common occurrence that when it comes time to empty the garage, the laundry room, and the bathrooms – there appear to be a whole host of old cleaning supplies, herbicides and pesticides, old paint, automotive fluids, and other sometimes unidentifiable substances! These are the kinds of things that can accumulate over the course of a few decades. It's the kind of thing that is easy to put off, again and again, and finally one day it's time to sell the home and now is the time to deal with all this STUFF.

The only problem is, this STUFF is not so easy to get rid of. It cannot simply be thrown in the trash – it needs to be disposed of in a safe way so as to not harm ourselves, other people or the environment. That is where the local hazardous waste programs come in.

Throughout the year, the Lancaster County Health Department hosts hazardous waste collections for residents. This is a free service, and is a convenient way to safely dispose of these materials. The next collection times and locations are:

 **Friday, August 26**
6901 Panama Road
Hickman, NE

 **Saturday, August 27**
Lincoln Industries (600 West E Street)
Lincoln, NE

For more information about these collection times, go to our website at ChangingSpacesSRS.com, and then click on "Resources." The 2016 Hazardous Waste Collections are explained in detail on that document.

Remember that paint cans need to be properly disposed of, as well. This can be done throughout the year at EcoStores, located at 530 West P Street. Paint that is usable will be taken for free, paint that is unusable will be taken for a fee of \$5/can.

